

The influence of testosterone

Eye health

Improves meibomian gland function and lubrication

Reduces dry eyes

Cardiovascular health

Lowers triglyceride and cholesterol

Improves cardiac capacity and output – makes your heart stronger and more efficient

Improves endothelial function – helps the lining of your blood vessels work better, increasing blood flow

Circulation

Red blood cell production

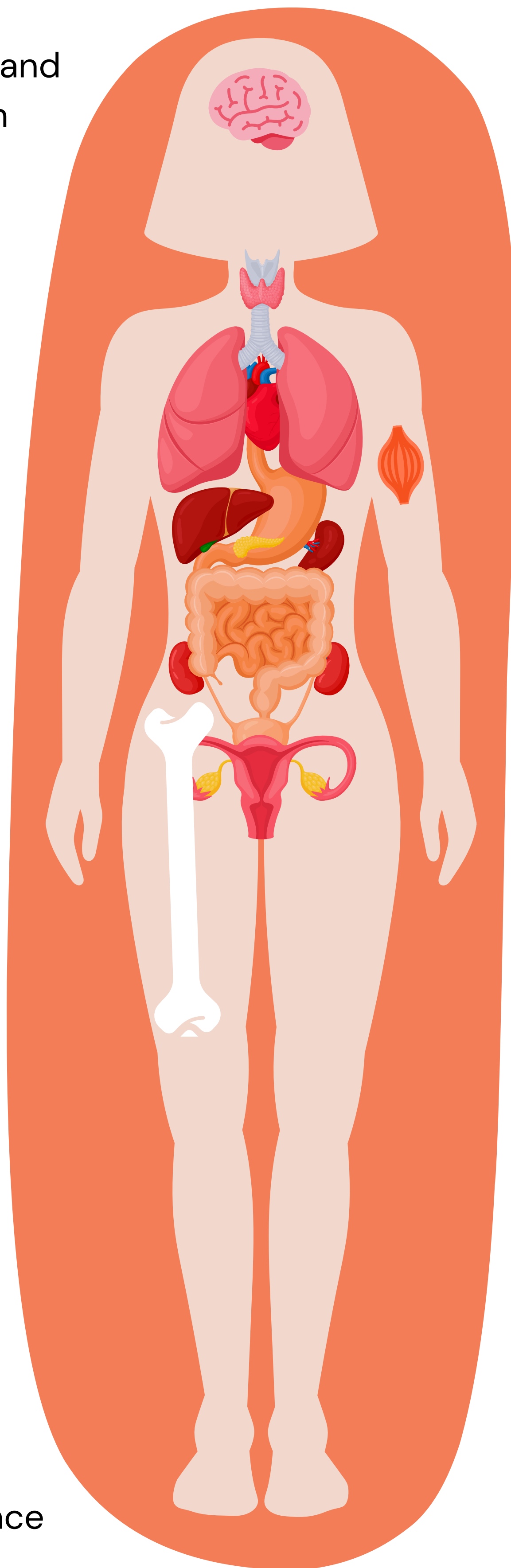
Reproductive and sexual function

Libido, arousal and orgasm

Urogenital health

Improves urinary symptoms including urgency and incontinence

Reduces symptoms related to vaginal dryness and soreness



Brain function

Improves concentration

Improves memory, verbal learning and spatial abilities

Sleep quality improves

Mood

Psychological wellbeing

Improves energy

Muscle

Improves muscle mass and strength

Metabolism

Maintains normal metabolic function (blood pressure, lipids, glucose metabolism)

Bone health

Increased bone mineral density

Bladder

Reduces risk of infection

Improves bladder function

Vagina/vulva

Increases lubrication

Keeps tissues healthy

balance
by Newson Health