



NHMS Annual Conference:

Wednesday
17th (PM) &
Thursday 18th
May 2023

Feeling better, staying healthier - How to optimise care for our patients

Wednesday 17th May 2023 - Evening Meal

7:00 - 7:30 pm	Welcome drinks
7:30 - 10:30 pm	3 course sit down meal, evening entertainment: Owen Strickland - Magician & Kate Muir: writer and documentary maker will be our guest speaker delivering a talk on 'The Menopause Revolution'

Thursday 18th May 2023 - Conference

Welcome

8.00 - 9.00 am	Delegate arrival - settling in with refreshments & pastries
9.00 - 9.10 am	Welcome & introduction from Dr Louise Newson

Mental Health @ the Menopause Facilitated by: Dr Clair Crockett

9.10 - 9.20 am	Dr Hannah Ward - Case Study
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Mental Health @ the Menopause
Facilitated by: Dr Clair Crockett

9.20 - 9.40 am	Dr Rebecca Lewis - 'Mental Health & female hormones'
9.40 - 10.00 am	Sophie Behrman - 'Menopause Management in Mental Health Services'
10.00 - 10.20 am	Panel Discussion with Dr Clair Crockett, Dr Louisa Levitt & Dr Rebecca Lewis
10.20 - 10.40 am	Break

Breast Cancer @ the Menopause
Facilitated by: Dr Louise Newson

10.40 - 10.50 am	Patient Case Study
10.50 - 11.15 am	Dr Sarah Glynne - 'Evidence regarding breast cancer and menopause with consensus statements'
11.15 - 11.40 am	Dr Tony Branson - 'Explaining risk to Breast Cancer Patients'
11.40 - 12.00 pm	Panel Discussion with Dr Louise Newson, Dr Tony Branson & Dr Sarah Glynne
12.00 - 1.00 pm	Lunch

Testosterone @ the Menopause
Facilitated by: Dr Magnus Harrison

1.00 - 1.10 pm	Dr Catherine Coward - Case Study from Patient
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Testosterone @ the Menopause
Facilitated by: Dr Magnus Harrison

1.10 - 1.30 pm	Dr Catherine Coward - 'Testosterone and women'
1.30 - 1.50 pm	Dr Dan Reisel & Aini Kamal - 'Overview of evidence for testosterone in women'
1.50 - 2.10 pm	Panel Discussion with Dr Magnus Harrison, Hayley Berry & Andrew Melvin, Dr Dan Reisel & Dr Catherine Coward
2.10 - 2.30 pm	Break

Practical Prescribing Session
Facilitated by: Dr Magnus Harrison

2.30 - 3.15 pm	Practical Prescribing Session - Facilitated by: Dr Magnus Harrison
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Live Q&A

3.15 - 3.50 pm	Hosted by: Dr Louise Newson, Dr Olivia Jones, Dr Claire Phipps, Dr Charlie Bell
3.50 - 4.00 pm	Close out from Dr Louise Newson
4.00 - 5.00 pm	Refreshments