

# Mind the menopause gap: survey shows UK women failed by current services

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## Most women experience symptoms related to menopause but most women do not take HRT. How wide is this gap?

### Objective:

Whilst most women experience some symptoms related to their menopause, many don't receive the advice and care they need. But just how wide is this gap in health provision?

### Method:

We analysed the results of a large-scale panel survey carried out on behalf of the Fawcett Society of women aged 45-55 with current menopausal symptoms. The survey was conducted online between 26 January and 4 February 2022, and included 4,014 female respondents. Data was weighted to be representative of UK women aged 45-55 by age and region.

### Results: Out of the 14% taking HRT...

54%

felt HRT  
had given  
them their  
life back

36%

of those working  
felt HRT helped  
productivity at  
work

18%

felt HRT didn't  
help resolve  
symptoms

2%

planned to  
stop because  
of side effects

### Out of the 79% that had never taken HRT...

66%

had five or more symptoms due  
to menopause

### Conclusion:

*Most women with severe menopausal symptoms do not receive the treatment they need. Further work is needed to close this gap.*